BRUSH UP ON DENTAL HEALTH

Taking good care of your teeth and gums can prevent serious oral health conditions and help you maintain overall health.

ABOUT 3.7 MILLION BCBS MEMBERS HAD A SERIOUS TOOTH OR GUM CONDITION

- Root Canals
- Tooth Loss
- Tooth and Mouth Infections
- Gum Disease
  - Gingivitus
  - Periodontitis

Members with these conditions spent **2x more annually** on overall healthcare costs.

POOR ORAL HEALTH CAN AFFECT YOU LONG-TERM

Members diagnosed with oral health conditions are:

- **25% MORE LIKELY** to suffer from heart disease*
- **2x AS LIKELY** to visit the ER or have a hospital stay
- MUCH MORE LIKELY TO SUFFER FROM autoimmune disorders, anemia, gastro-intestinal disorders or renal disease

A serious dental or gum condition may lead to a loss of: **1.9 YEARS OF HEALTHY LIFE**

Dental visits are **down 35% since last year** due to COVID-19†

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Source: BCBS Health Index 2018. Commercially insured BCBS members. Analysis only includes oral health conditions identified through medical claims.
